



IV THERAPY PRE-TREATMENT INSTRUCTIONS

- ▶ Please make sure you are well hydrated prior to your visit. We suggest drinking 1-2 16oz. bottles of water. Dehydration can make it difficult to insert an IV.
- ▶ Please make sure you eat something prior to your visit. We suggest a high protein snack, such as nuts, seeds, a protein bar, cheese, yogurt or eggs. Low blood sugar can make you feel weak, light-headed or dizzy.

During your first visit for IV Therapy:

During the first visit, your Service Provider will discuss your main complaints and desired outcomes with you. The Service Provider will review your medical & surgical history and any medications you are taking. Based on this assessment, your Intravenous (IV) will be customized to address your individual needs. If you have any complex medical conditions, the Service Provider may request you obtain blood work or further testing and/or your personal physician's approval prior to administering any IVs.

What to expect:

The IVs used during your Intravenous (IV) therapy are similar to what you would find in a hospital. Instead of a clinical experience though, our IV infusions are given in a peaceful spa setting and leave you feeling calm, relaxed, and refreshed.

Depending on your customized IV cocktail, the infusion can be finished in as little as 20-30 minutes.

Our friendly and attentive staff will keep you calm, cared for, and comfortable during your infusion. Patients find the experience tranquil and healing. Patients leave feeling vibrant, energized, and refreshed.



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